SUFI MEDITATIVE MOVEMENT WORKSHOPS

WITH TAMSIN MURRAY

Meditative movement, breath work, dance, veil dance, chanting and whirling to bring harmony and peace and connection with the higher self.



Weekend Workshop

Clarence Hall, Bradfield Court, Hawley Road London, NW1 8RN near Kentish Town & Camden Stations

May 16 - 7 pm - 9 pm May 17 - 11.30 am - 5.30 pm May 18 - 10.00 pm - 3.00 pm



Tamsin studied with Sufi Master Adnan Sarhan since 1988. She began teaching in 1994 and since has taught in the US, Australia and Europe.

""Dancing is the yearning of the soul to freedom"" Adnan Sarhan.

Price

Friday Eve - £20. Each day - £60. Full Workshop - £120. PLEASE WEAR COMFORTABLE CLOTHING AND BRING A MAT AND A LIGHT LUNCH FOR THE BREAK.



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